

SUMMER AT NEGX 2011

The New England Gymnastics Express will be offering a wide variety of programs this summer. Registration will begin immediately. All of the programs are detailed below but if you need further information call the office at 860-953-0101. **We reserve the right to cancel classes that do not fill, or combine classes where necessary.** You may sign up your child for as many weeks as you like. Full payment is due with the registration. **A \$10 registration fee will be charged for all gymnasts not registered yet this year. The weeks the gym will be open this summer are listed below.**

DATES

| | |
|--------|-----------------------------------|
| WEEK 1 | JUNE 27 – July 1 |
| WEEK 2 | July 5 – 8 (4 day week, \$112) |
| WEEK 3 | July 11 – 15 |
| WEEK 4 | July 18 – 22 |
| WEEK 5 | July 25 – 29 |
| WEEK 6 | Aug. 1 – 5 |
| WEEK 7 | Aug. 8 – 12 |
| WEEK 8 | Aug. 15 – 19 |

SUMMER DAY CAMP

Half-Day Program (Newington)

Camp runs from 9 – 12 for ages 5 and up, Monday through Thursday. This camp will be gymnastics with a morning craft and snack break. **Cost - \$140 per week**

Full Day Program (Glastonbury only)

Our full day program runs Monday through Friday, from 9 – 3pm for ages 5 and up. The gymnasts will receive gymnastics instruction on each Olympic event, as well as our 30 foot tumble trak and two in-ground foam pits. They will do arts and crafts, dance, games, swimming, movies, and other great activities appropriate to each "Theme Week". Gymnasts are dropped off at 9am with a lunch, dressed in gym clothes and are picked up at 3pm. **Cost - \$275 per week**

NEW THIS SUMMER...SWIMMING!!

As part of our full-day program in Glastonbury, we will be going swimming 2 days a week after lunch at the Addison Park Pool for some fun in the sun (weather permitting). We will be walking to the pool as a group. Pick up will be at Addison Park at 3pm on these days. Children must bring a bathing suit, towel and sunscreen. Days TBD.

Pool Fee - \$2/day

***Extended hours** include early drop-off at 8:00am and late pick-up at 5:00pm (\$30/week charge). Must be prearranged and paid at time of registration. **Not available on Fridays.**



CLASSES

PRE-SCHOOL GYMNASTICS (Glastonbury only)

Preschool classes will be held 2 days per week in accordance with the schedule below. The children will have a 10-minute warm-up and spend the next 35 minutes at different stations around the gym. These classes provide a safe, fun environment in which children begin learning gymnastics skills as well as well as learning to follow a sequence of events. **Cost - \$33 per week.**

Jumping Juniors: 3 ½ - 5 year olds

Monday & Wednesday: 9 - 9:45am

Tumbling Tykes: 2 – 3 ½ year olds (with adult)

Tuesday & Thursday: 9 -9:45am

Boys & Girls REGULAR GYMNASTICS for AGES 6 – 12 (NEWINGTON)

This class is held 2 days per week for 1 ¼ hours. Classes will be grouped by age and ability as best as possible. **Cost - \$43 per week.**

Monday & Wednesday: 3:45 – 5pm

ADVANCED GYMNASTICS (Glastonbury Only)

This program is offered for the high school gymnast as an opportunity to train in the off season. Time will be spent on each apparatus as well as trampoline. (Not offered Week 2) **Cost - \$45 per week.**

Tuesday & Wednesday: 1 – 2:30pm

CHEERLEADING BOOT CAMP (Glastonbury Only)

Join us for our summer tumbling programs. It's a great way for cheerleaders to improve their tumbling skills, strength, balance and flexibility. All skill levels are welcome. Come learn together to make the next cheer season a success. Ages 12 and up. **Call the Glastonbury gym for availability (860-659-2200).**

NEGX Summer Camp 2011 Registration Form

Name _____ Age _____ Date of Birth _____

Address _____

City _____ Zip _____ Phone _____

Cell number _____

Any allergies or general health info we should be aware of:

Has your child been an NEGX student this year? _____ Yes _____ No

Please check off the program and weeks you are choosing.

Half day camp (\$140 per week) _____ **Full day camp \$275 (Glastonbury only)** _____

Pre-School \$33 (Glastonbury Only) _____ **Regular Gymnastics (\$43 per week)** _____

Advanced Gymnastics \$45 (Glastonbury Only) _____ **Cheer Boot Camp (Glastonbury Only)** _____

Week 1 (6/27 – 7/1) _____ time _____ Week 5 (7/25 – 7/29) _____ time _____

Week 2 (7/5 - 7/8) _____ time _____ Week 6 (8/1 – 8/5) _____ time _____

Week 3 (7/11 - 7/15) _____ time _____ Week 7 (8/8- 8/12) _____ time _____

Week 4 (7/18 – 7/22) _____ time _____ Week 8 (8/15 – 8/19) _____ time _____

Amount _____ (due with registration)

(Reminder students not attending NEGX this school year owe a \$10 registration fee.)

Credit Card: Master or Visa _____ Exp. _____

PLEASE READ AND SIGN BELOW.

I UNDERSTAND THE SPORT OF GYMNASTICS INVOLVES CERTAIN RISKS AND RECOGNIZE THOSE POTENTIALLY SEVERE INJURIES, INCLUDING BUT NOT LIMITED TO PERMANENT PARALYSIS OR DEATH CAN OCCUR IN ANY ACTIVITY INVOLVING HEIGHT OR MOTION. I VOLUNTARILY CONSENT TO THE ABOVE MENTIONED PERSON PARTICIPATING IN THE NEW ENGLAND GYMNASTICS EXPRESS, INC.'S PROGRAMS AND ACCEPT ALL RISKS ASSOCIATED WITH THAT PARTICIPATION.

IN CONSIDERATION FOR ALLOWING MY CHILD TO USE THESE FACILITIES, I HEREBY FOREVER RELEASE AND CONVENANT NOT TO SUE THE NEW ENGLAND GYMNASTICS EXPRESS, ITS OFFICERS, EMPLOYEES, VOLUNTEERS AND OTHERS ASSOCIATED WITH THE CORPORATION FROM ALL LIABILITY FOR ANY AND ALL DAMAGES AND INJURIES SUFFERED BY MY CHILD WHILE UNDER THE INSTRUCTION, SUPERVISION, OR CONTROL OF THE NEW ENGLAND GYMNASTICS EXPRESS, INC.

AS LEGAL GUARDIAN OF THE ABOVE MENTIONED CHILD, I HEREBY AGREE TO INDIVIDUALLY PROVIDE FOR ALL POSSIBLE FUTURE MEDICAL EXPENSES WHICH MAY BE INCURRED BY MY CHILD AS A RESULT OF ANY INJURY SUSTAINED IN TRAINING OR PERFORMANCE FOR NEW ENGLAND GYMNASTICS EXPRESS, INC.

I HAVE READ AND UNDERSTAND THIS ACKNOWLEDGEMENT OF RISK AND WAIVER OF LIABILITY AND I VOLUNTARILY AFFIX MY NAME IN AGREEMENT.

PERIODICALLY, WE WILL BE TAKING PICTURES TO BE PUBLISHED ON OUR WEBSITE AND/OR PRINT MEDIA.

_____ **NO, I DO NOT WANT ANY PICTURES TAKEN OF MY CHILD.**

PARENT OR LEGAL GUARDIAN'S SIGNATURE

DATE